

DoubleBucket Monthly Withdrawals Using a 40 Year Annuity

Rebalance Trade Detail Every 6 Months

01-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1005363.57
 02-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 985176.27
 03-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 992748.62
 04-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1005897.98
 05-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1012700.20
 06-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1032945.19
 Buying \$ 30921.95 of Cash(SHY)
 Buying \$ 2681.78 of Gold(GLD)
 Buying \$ 4017.59 of 10Y T-Bonds(IEF)
 Buying \$ 3716.19 of Corp Bonds(LQD)
 Selling \$ 5300.66 of SP500(SPY)
 Selling \$ 1979.37 of Nasdaq(QQQ)
 Selling \$ 1449.92 of Intl Stocks(EFG)
 Selling \$ 34116.65 of REIT(VNQ)
 07-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1025451.64
 08-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1030393.36
 09-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1010803.72
 10-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1039323.78
 11-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1039954.49
 12-2005, Monthly Withdrawal, 4723.77, Remaining Balance:, 1083766.79
 Buying \$ 31660.73 of Cash(SHY)
 Selling \$ 40655.51 of Gold(GLD)
 Buying \$ 6468.12 of 10Y T-Bonds(IEF)
 Buying \$ 6379.72 of Corp Bonds(LQD)
 Buying \$ 2163.19 of SP500(SPY)
 Selling \$ 1126.31 of Nasdaq(QQQ)
 Selling \$ 4991.09 of Intl Stocks(EFG)
 Selling \$ 1456.66 of REIT(VNQ)
 01-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1078360.03
 02-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1088660.78
 03-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1102706.48
 04-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1073548.62
 05-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1066613.73
 06-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1079434.05
 Buying \$ 30351.65 of Cash(SHY)
 Selling \$ 18022.31 of Gold(GLD)
 Buying \$ 740.50 of 10Y T-Bonds(IEF)
 Buying \$ 824.74 of Corp Bonds(LQD)
 Selling \$ 4270.18 of SP500(SPY)
 Buying \$ 8291.52 of Nasdaq(QQQ)
 Selling \$ 2289.69 of Intl Stocks(EFG)
 Selling \$ 17248.99 of REIT(VNQ)
 07-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1094699.97
 08-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1096832.96
 09-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1123923.33
 10-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1152332.92
 11-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1133217.33
 12-2006, Monthly Withdrawal, 5149.55, Remaining Balance:, 1164498.26
 Buying \$ 36065.90 of Cash(SHY)
 Buying \$ 8105.65 of Gold(GLD)

Buying \$ 6696.46 of 10Y T-Bonds(IEF)
 Buying \$ 3198.57 of Corp Bonds(LQD)
 Selling \$ 14333.30 of SP500(SPY)
 Selling \$ 8937.98 of Nasdaq(QQQ)
 Selling \$ 2407.95 of Intl Stocks(EFG)
 Selling \$ 30079.14 of REIT(VNQ)

01-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1156158.98
 02-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1147161.67
 03-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1167740.67
 04-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1167034.12
 05-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1133064.85
 06-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1114440.86

Buying \$ 27910.35 of Cash(SHY)
 Selling \$ 9348.10 of Gold(GLD)
 Selling \$ 11057.39 of 10Y T-Bonds(IEF)
 Selling \$ 3408.71 of Corp Bonds(LQD)
 Selling \$ 18185.02 of SP500(SPY)
 Selling \$ 11544.42 of Nasdaq(QQQ)
 Selling \$ 6902.57 of Intl Stocks(EFG)
 Buying \$ 30814.03 of REIT(VNQ)

07-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1135755.47
 08-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1170224.03
 09-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1200277.94
 10-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1162957.95
 11-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1147830.56
 12-2007, Monthly Withdrawal, 5567.82, Remaining Balance:, 1149952.25

Buying \$ 31802.03 of Cash(SHY)
 Selling \$ 57227.06 of Gold(GLD)
 Selling \$ 13700.81 of 10Y T-Bonds(IEF)
 Selling \$ 5535.17 of Corp Bonds(LQD)
 Buying \$ 20719.99 of SP500(SPY)
 Buying \$ 6640.58 of Nasdaq(QQQ)
 Buying \$ 3066.31 of Intl Stocks(EFG)
 Buying \$ 12491.95 of REIT(VNQ)

01-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1136718.92
 02-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1130352.11
 03-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1150690.67
 04-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1150712.82
 05-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1089990.30
 06-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1090372.00

Buying \$ 28325.36 of Cash(SHY)
 Selling \$ 5855.63 of Gold(GLD)
 Selling \$ 7985.08 of 10Y T-Bonds(IEF)
 Selling \$ 1283.93 of Corp Bonds(LQD)
 Buying \$ 3728.61 of SP500(SPY)
 Selling \$ 6056.73 of Nasdaq(QQQ)
 Selling \$ 1072.11 of Intl Stocks(EFG)
 Selling \$ 11488.11 of REIT(VNQ)

07-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1079694.35
 08-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 1020057.90
 09-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 877668.69
 10-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 853387.97
 11-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 898853.50
 12-2008, Monthly Withdrawal, 5535.05, Remaining Balance:, 859915.27

Buying \$ 10543.34 of Cash (SHY)
 Selling \$ 35321.93 of Gold (GLD)
 Selling \$ 48600.72 of 10Y T-Bonds (IEF)
 Selling \$ 28785.79 of Corp Bonds (LQD)
 Buying \$ 32116.21 of SP500 (SPY)
 Buying \$ 11756.59 of Nasdaq (QQQ)
 Buying \$ 9703.71 of Intl Stocks (EFG)
 Buying \$ 47190.84 of REIT (VNQ)
 01-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 793296.61
 02-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 814627.47
 03-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 874327.87
 04-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 905880.94
 05-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 889311.89
 06-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 941565.16
 Buying \$ 32512.52 of Cash (SHY)
 Buying \$ 9284.70 of Gold (GLD)
 Buying \$ 14949.20 of 10Y T-Bonds (IEF)
 Buying \$ 2912.48 of Corp Bonds (LQD)
 Selling \$ 23144.57 of SP500 (SPY)
 Selling \$ 17545.87 of Nasdaq (QQQ)
 Selling \$ 7646.92 of Intl Stocks (EFG)
 Selling \$ 12626.63 of REIT (VNQ)
 07-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 971619.27
 08-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 1000744.48
 09-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 988689.76
 10-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 1039716.66
 11-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 1032490.55
 12-2009, Monthly Withdrawal, 4168.57, Remaining Balance:, 1010100.31
 Buying \$ 29966.45 of Cash (SHY)
 Selling \$ 8462.78 of Gold (GLD)
 Buying \$ 7343.62 of 10Y T-Bonds (IEF)
 Buying \$ 3418.43 of Corp Bonds (LQD)
 Selling \$ 5493.69 of SP500 (SPY)
 Selling \$ 998.01 of Nasdaq (QQQ)
 Buying \$ 795.39 of Intl Stocks (EFG)
 Selling \$ 28080.63 of REIT (VNQ)
 01-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1029931.73
 02-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1061707.92
 03-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1090752.45
 04-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1050613.24
 05-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1027086.86
 06-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1063583.22
 Buying \$ 34162.66 of Cash (SHY)
 Selling \$ 5031.94 of Gold (GLD)
 Selling \$ 3192.94 of 10Y T-Bonds (IEF)
 Selling \$ 898.10 of Corp Bonds (LQD)
 Buying \$ 3442.70 of SP500 (SPY)
 Selling \$ 2703.59 of Nasdaq (QQQ)
 Buying \$ 974.93 of Intl Stocks (EFG)
 Selling \$ 28335.01 of REIT (VNQ)
 07-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1057379.76
 08-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1100413.13
 09-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1129545.81
 10-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1119118.80

11-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1140997.19
 12-2010, Monthly Withdrawal, 4933.96, Remaining Balance:, 1145381.53
 Buying \$ 36353.50 of Cash(SHY)
 Selling \$ 7322.33 of Gold(GLD)
 Buying \$ 13153.30 of 10Y T-Bonds(IEF)
 Buying \$ 8257.63 of Corp Bonds(LQD)
 Selling \$ 25275.59 of SP500(SPY)
 Selling \$ 11381.03 of Nasdaq(QQQ)
 Selling \$ 3937.43 of Intl Stocks(EFG)
 Selling \$ 11521.68 of REIT(VNQ)
 01-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1171370.57
 02-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1160387.43
 03-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1204416.63
 04-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1198577.98
 05-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1168244.73
 06-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1188970.18
 Buying \$ 37860.01 of Cash(SHY)
 Selling \$ 29512.66 of Gold(GLD)
 Selling \$ 4051.50 of 10Y T-Bonds(IEF)
 Selling \$ 1319.49 of Corp Bonds(LQD)
 Buying \$ 5618.89 of SP500(SPY)
 Selling \$ 1367.92 of Nasdaq(QQQ)
 Selling \$ 74.27 of Intl Stocks(EFG)
 Selling \$ 8926.50 of REIT(VNQ)
 07-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1178726.70
 08-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1106131.43
 09-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1175846.26
 10-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1158409.39
 11-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1145575.65
 12-2011, Monthly Withdrawal, 5640.35, Remaining Balance:, 1203226.57
 Buying \$ 34628.46 of Cash(SHY)
 Selling \$ 9934.08 of Gold(GLD)
 Selling \$ 14374.33 of 10Y T-Bonds(IEF)
 Selling \$ 6860.79 of Corp Bonds(LQD)
 Selling \$ 4160.31 of SP500(SPY)
 Selling \$ 3121.96 of Nasdaq(QQQ)
 Buying \$ 5869.70 of Intl Stocks(EFG)
 Selling \$ 3789.09 of REIT(VNQ)
 01-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1209174.29
 02-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1217053.71
 03-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1221503.79
 04-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1171175.14
 05-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1192760.09
 06-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1208541.44
 Buying \$ 37189.89 of Cash(SHY)
 Buying \$ 14453.34 of Gold(GLD)
 Selling \$ 4834.47 of 10Y T-Bonds(IEF)
 Selling \$ 6890.94 of Corp Bonds(LQD)
 Selling \$ 15838.58 of SP500(SPY)
 Selling \$ 7291.56 of Nasdaq(QQQ)
 Buying \$ 81.62 of Intl Stocks(EFG)
 Selling \$ 18674.80 of REIT(VNQ)
 07-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1223256.24
 08-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1229003.93

09-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1210047.56
 10-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1208164.35
 11-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1199705.43
 12-2012, Monthly Withdrawal, 5976.84, Remaining Balance:, 1221347.04
 Buying \$ 36959.56 of Cash(SHY)
 Selling \$ 3426.32 of Gold(GLD)
 Buying \$ 5317.60 of 10Y T-Bonds(IEF)
 Buying \$ 1025.08 of Corp Bonds(LQD)
 Selling \$ 25108.83 of SP500(SPY)
 Selling \$ 2497.67 of Nasdaq(QQQ)
 Selling \$ 7763.87 of Intl Stocks(EFG)
 Selling \$ 6328.89 of REIT(VNQ)
 01-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1215279.51
 02-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1227851.65
 03-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1241299.81
 04-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1210421.42
 05-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1162241.68
 06-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1196761.09
 Buying \$ 35493.30 of Cash(SHY)
 Buying \$ 33544.32 of Gold(GLD)
 Buying \$ 2688.96 of 10Y T-Bonds(IEF)
 Buying \$ 2192.83 of Corp Bonds(LQD)
 Selling \$ 45340.67 of SP500(SPY)
 Selling \$ 14854.40 of Nasdaq(QQQ)
 Selling \$ 4653.55 of Intl Stocks(EFG)
 Selling \$ 10884.71 of REIT(VNQ)
 07-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1172735.84
 08-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1180808.80
 09-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1207680.08
 10-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1191904.42
 11-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1181779.38
 12-2013, Monthly Withdrawal, 6123.41, Remaining Balance:, 1187505.95
 Buying \$ 35647.55 of Cash(SHY)
 Buying \$ 9382.14 of Gold(GLD)
 Selling \$ 3688.06 of 10Y T-Bonds(IEF)
 Selling \$ 6679.07 of Corp Bonds(LQD)
 Selling \$ 20594.24 of SP500(SPY)
 Selling \$ 12395.50 of Nasdaq(QQQ)
 Selling \$ 2926.25 of Intl Stocks(EFG)
 Selling \$ 527.61 of REIT(VNQ)
 01-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1222358.82
 02-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1207519.59
 03-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1216845.48
 04-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1226960.86
 05-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1238399.73
 06-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1224351.41
 Buying \$ 40415.54 of Cash(SHY)
 Buying \$ 1173.98 of Gold(GLD)
 Buying \$ 2901.08 of 10Y T-Bonds(IEF)
 Buying \$ 1047.99 of Corp Bonds(LQD)
 Selling \$ 17975.29 of SP500(SPY)
 Selling \$ 8073.24 of Nasdaq(QQQ)
 Selling \$ 2077.59 of Intl Stocks(EFG)
 Selling \$ 19247.04 of REIT(VNQ)

07-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1246599.15
 08-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1202792.13
 09-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1227319.09
 10-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1240662.86
 11-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1229805.09
 12-2014, Monthly Withdrawal, 6013.16, Remaining Balance:, 1263096.42
 Buying \$ 39021.76 of Cash(SHY)
 Buying \$ 5579.61 of Gold(GLD)
 Selling \$ 9519.17 of 10Y T-Bonds(IEF)
 Selling \$ 5075.22 of Corp Bonds(LQD)
 Selling \$ 3328.46 of SP500(SPY)
 Selling \$ 3149.37 of Nasdaq(QQQ)
 Buying \$ 3851.28 of Intl Stocks(EFG)
 Selling \$ 29233.47 of REIT(VNQ)

01-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1255868.09
 02-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1240485.09
 03-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1228499.09
 04-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1225888.10
 05-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1187917.16
 06-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1200249.23
 Buying \$ 34150.69 of Cash(SHY)
 Buying \$ 19115.88 of Gold(GLD)
 Selling \$ 3148.52 of 10Y T-Bonds(IEF)
 Buying \$ 1284.91 of Corp Bonds(LQD)
 Selling \$ 34240.63 of SP500(SPY)
 Selling \$ 15280.99 of Nasdaq(QQQ)
 Selling \$ 7740.50 of Intl Stocks(EFG)
 Buying \$ 4023.96 of REIT(VNQ)

07-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1166112.18
 08-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1148592.85
 09-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1193305.56
 10-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1171948.20
 11-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1153220.80
 12-2015, Monthly Withdrawal, 6464.32, Remaining Balance:, 1140653.01
 Buying \$ 32983.28 of Cash(SHY)
 Selling \$ 12136.56 of Gold(GLD)
 Selling \$ 15125.35 of 10Y T-Bonds(IEF)
 Selling \$ 7460.47 of Corp Bonds(LQD)
 Buying \$ 5426.91 of SP500(SPY)
 Buying \$ 1173.29 of Nasdaq(QQQ)
 Buying \$ 2450.64 of Intl Stocks(EFG)
 Selling \$ 9055.64 of REIT(VNQ)

01-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1152409.18
 02-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1190271.78
 03-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1193875.65
 04-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1187398.77
 05-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1216032.26
 06-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1247273.00
 Buying \$ 45895.41 of Cash(SHY)
 Selling \$ 18164.92 of Gold(GLD)
 Buying \$ 8959.31 of 10Y T-Bonds(IEF)
 Buying \$ 602.50 of Corp Bonds(LQD)
 Selling \$ 11182.25 of SP500(SPY)
 Selling \$ 3364.38 of Nasdaq(QQQ)

Selling \$ 185.66 of Intl Stocks(EFG)
 Selling \$ 24357.27 of REIT(VNQ)

07-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1226485.58
 08-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1217805.12
 09-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1185059.18
 10-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1157541.37
 11-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1158500.18
 12-2016, Monthly Withdrawal, 5904.60, Remaining Balance:, 1179722.70

Buying \$ 29621.43 of Cash(SHY)
 Buying \$ 9179.10 of Gold(GLD)
 Buying \$ 1377.52 of 10Y T-Bonds(IEF)
 Selling \$ 2848.94 of Corp Bonds(LQD)
 Selling \$ 32288.08 of SP500(SPY)
 Selling \$ 11131.05 of Nasdaq(QQQ)
 Selling \$ 1569.12 of Intl Stocks(EFG)
 Buying \$ 5877.42 of REIT(VNQ)

01-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1202474.86
 02-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1191181.20
 03-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1201255.00
 04-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1206344.65
 05-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1195557.54
 06-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1212104.49

Buying \$ 41119.21 of Cash(SHY)
 Selling \$ 2344.96 of Gold(GLD)
 Buying \$ 1179.86 of 10Y T-Bonds(IEF)
 Selling \$ 869.30 of Corp Bonds(LQD)
 Selling \$ 19124.64 of SP500(SPY)
 Selling \$ 11579.03 of Nasdaq(QQQ)
 Selling \$ 7169.02 of Intl Stocks(EFG)
 Selling \$ 3014.80 of REIT(VNQ)

07-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1219138.50
 08-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1205912.13
 09-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1210692.79
 10-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1219886.01
 11-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1218244.08
 12-2017, Monthly Withdrawal, 6181.97, Remaining Balance:, 1236225.17

Buying \$ 39769.64 of Cash(SHY)
 Selling \$ 6675.12 of Gold(GLD)
 Buying \$ 7665.77 of 10Y T-Bonds(IEF)
 Buying \$ 1594.83 of Corp Bonds(LQD)
 Selling \$ 36865.51 of SP500(SPY)
 Selling \$ 12525.48 of Nasdaq(QQQ)
 Selling \$ 4800.23 of Intl Stocks(EFG)
 Buying \$ 10008.12 of REIT(VNQ)

01-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1191130.30
 02-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1182035.31
 03-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1174957.24
 04-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1186297.99
 05-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1178787.15
 06-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1187521.21

Buying \$ 36243.52 of Cash(SHY)
 Buying \$ 10246.70 of Gold(GLD)
 Selling \$ 5340.97 of 10Y T-Bonds(IEF)
 Selling \$ 737.92 of Corp Bonds(LQD)

Selling \$ 14017.07 of SP500 (SPY)
 Selling \$ 8635.42 of Nasdaq (QQQ)
 Selling \$ 1293.68 of Intl Stocks (EFG)
 Selling \$ 18240.78 of REIT (VNQ)

07-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1196248.22
 08-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1178052.72
 09-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1139926.46
 10-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1149094.13
 11-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1108206.73
 12-2018, Monthly Withdrawal, 6563.64, Remaining Balance:, 1166865.10

Buying \$ 35842.81 of Cash (SHY)
 Selling \$ 16385.86 of Gold (GLD)
 Selling \$ 11029.42 of 10Y T-Bonds (IEF)
 Selling \$ 7100.15 of Corp Bonds (LQD)
 Buying \$ 3530.92 of SP500 (SPY)
 Buying \$ 1783.11 of Nasdaq (QQQ)
 Buying \$ 3141.42 of Intl Stocks (EFG)
 Selling \$ 11517.86 of REIT (VNQ)

01-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1170524.29
 02-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1184551.82
 03-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1196241.84
 04-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1174461.58
 05-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1215474.82
 06-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1222384.92

Buying \$ 42962.37 of Cash (SHY)
 Selling \$ 2664.30 of Gold (GLD)
 Selling \$ 985.65 of 10Y T-Bonds (IEF)
 Selling \$ 2967.84 of Corp Bonds (LQD)
 Selling \$ 18304.05 of SP500 (SPY)
 Selling \$ 8946.18 of Nasdaq (QQQ)
 Selling \$ 3542.54 of Intl Stocks (EFG)
 Selling \$ 7343.16 of REIT (VNQ)

07-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1245391.55
 08-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1235862.54
 09-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1251538.55
 10-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1249496.06
 11-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1258497.43
 12-2019, Monthly Withdrawal, 6283.38, Remaining Balance:, 1281492.89

Buying \$ 41623.18 of Cash (SHY)
 Selling \$ 13250.27 of Gold (GLD)
 Selling \$ 206.02 of 10Y T-Bonds (IEF)
 Selling \$ 4158.61 of Corp Bonds (LQD)
 Selling \$ 12012.55 of SP500 (SPY)
 Selling \$ 7255.42 of Nasdaq (QQQ)
 Selling \$ 1236.26 of Intl Stocks (EFG)
 Selling \$ 5385.10 of REIT (VNQ)

01-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1235746.53
 02-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1144656.68
 03-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1217618.15
 04-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1243216.13
 05-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1257406.48
 06-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1314430.78

Buying \$ 44528.40 of Cash (SHY)
 Selling \$ 40315.98 of Gold (GLD)

Selling \$ 9976.32 of 10Y T-Bonds(IEF)
Selling \$ 4548.14 of Corp Bonds(LQD)
Selling \$ 1405.50 of SP500(SPY)
Selling \$ 17082.68 of Nasdaq(QQQ)
Selling \$ 914.34 of Intl Stocks(EFG)
Buying \$ 27860.83 of REIT(VNQ)

07-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1332997.68
08-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1292587.77
09-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1265559.43
10-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1278522.36
11-2020, Monthly Withdrawal, 7006.11, Remaining Balance:, 1271198.37